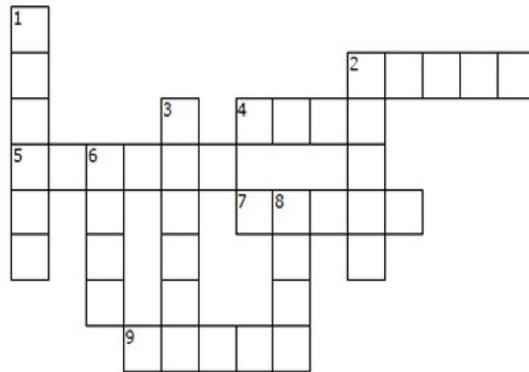
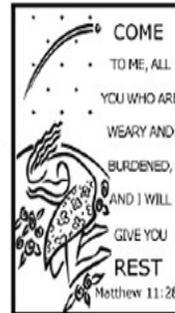


Something for the children

Rest for the Weary

"For my yoke is easy and my burden is light." Matthew 11:30 (NIV)

Based on Matthew 11:28-30 (NIV)



ACROSS

- 2. Not heavy
- 4. The opposite of go
- 5. A heavy load that you carry
- 7. The place within a person where their feelings or emotions are
- 9. Very tired, especially after working hard for a long time

DOWN

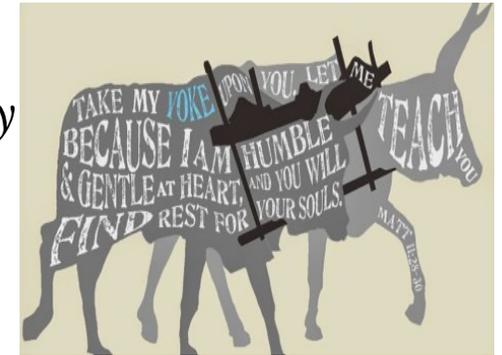
- 1. Not proud or not believing that you are important
- 2. To get knowledge or skill about a subject
- 3. Calm, kind or soft; not violent
- 6. Stop and relax to regain your strength
- 8. Not difficult

WEARY	HUMBLE	EASY	BURDEN	REST
COME	HEART	LIGHT	GENTLE	LEARN

Welcome to All Saints' Parish Church

5th July 2020

*The Fourth Sunday
after Trinity /
14th Sunday in
Ordinary Time*



As we return to church, we need to consider ways of staying safe. Therefore, the collection plates will be located, as normal, by the church doors but we will not 'pass' the plate during the service. Please also consider using our contactless collection.

- * Text ALLSAINTS to 70470 to donate £5
 - * ALLSAINTS10 to 70470 to donate £10
 - * ALLSAINTS20 to 70470 to donate £20
- Texts cost the donated amount one standard rate message

Thank you very much indeed

Today we pray for:

those with birthdays:

the sick: Ray Wright, Claire Wood, Sandra Gait & Louise Pike

the recently departed: Derek Young & Mary Liquorice

the anniversaries of death of: William Cousins, Frank Dudley, Joan Walters, Norman Willoughby, Frank Bean, Reg Smith, Jennifer Kanschell, Thomas Leavy & John Merrison



Collect

O God, the protector of all who trust in you, without whom nothing is strong, nothing is holy: increase and multiply upon us your mercy; that with you as our ruler and guide we may so pass through things temporal that we lose not our hold on things eternal; grant this, heavenly Father, for our Lord Jesus Christ's sake, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever.

1st Reading

Zechariah 9: 9-10

The Lord says this: 'Rejoice heart and soul, daughter of Zion! Shout with gladness, daughter of Jerusalem! See now, your king comes to you; he is victorious, he is triumphant, humble and riding on a donkey, on a colt, the foal of a donkey. He will banish chariots from Ephraim and horses from Jerusalem; the bow of war will be banished. He will proclaim peace for the nations. His empire shall stretch from sea to sea, from the River to the ends of the earth.'

Responsorial Psalm

144: 1-2. 8-11. 13-14

℟ I will bless your name for ever, O God my King.

I will give you glory, O God my King,
I will bless your name for ever.
I will bless you day after day
and praise your name for ever. ℟

The Lord is kind and full of compassion,
slow to anger, abounding in love.
How good is the Lord to all,
compassionate to all his creatures. ℟

All your creatures shall thank you, O Lord,
and your friends shall repeat their blessing.
They shall speak of the glory of your reign
and declare your might, O God. ℟

The Lord is faithful in all his words
and loving in all his deeds.



The Lord supports all those who fall
and raise up all who are bowed down. ℟

2nd Reading

Romans 8: 9. 11-13

Theme: If by the Spirit you put an end to the misdeeds of the body you will live.

Your interests are not in the unspiritual, but in the spiritual, since the Spirit of God has made his home in you. In fact, unless you possessed the Spirit of Christ you would not belong to him, and if the Spirit of him who raised Jesus from the dead is living in you, then he who raised Jesus from the dead will give life to your own mortal bodies through his Spirit living in you. So then, my brothers, there is no necessity for us to obey our unspiritual selves or to live unspiritual lives. If you do live in that way, you are doomed to die; but if by the Spirit you put an end to the misdeeds of the body you will live.

Gospel Acclamation

Alleluia, alleluia!

Blessed are you, Father, Lord of heaven and earth,
for revealing the mysteries of the kingdom to mere children.

Alleluia!

Gospel

Matthew 11: 25-30

Theme: I am gentle and humble in heart.

Jesus exclaimed, 'I bless you, Father, Lord of heaven and of earth, for hiding these things from the learned and the clever and revealing them to mere children. Yes, Father, for that is what it pleased you to do. Everything has been entrusted to me by my Father; and no one knows the Son except the Father, just as no one knows the Father except the Son and those to whom the Son chooses to reveal him. Come to me, all you who labour and are overburdened and I will give you rest. Shoulder my yoke and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. Yes, my yoke is easy and my burden light.'